



# VEGETARIAN MENU

## VEGETARIAN

### EGGPLANT PARMIGANA

Slices of eggplant gratin with Parmesan cheese in Neapolitan sauce

### VIETNAMESE ROLLS

Rice leaf stuffed with vegetables topped by sweet and sour sauce

### EDAMAME

Steamed Japanese peas, sautéed in soy and eel sauce

### SPRING ROLLS

Stuffed with sauteed vegetables and bean sprouts

### STUFFED PEPPERS

Poblano chili stuffed with cheese, covered with egg whites and bathed in tomato sauce

### QUINOA

Quinoa with sauteed mushrooms and grilled tofu

### FALAFEL

Chickpea and parsley croquettes with pita bread, hummus and tabboule

### COUS COUS

With ratatouille, and Provençal mushrooms

### BEAN BURGER

Black bean and onion "meat", au gratin in vegan cheese and fried potato

### ASPARAGUS AND TOMATOES QUICHE

Baked tart stuffed with vegetables and haricot puree

### BEAN AND ROASTED PEPPER JAMBALAYA

Rice and spices stew accompanied by roasted pepper and haricot

### PASTA WITH HARICOT BOLOGNESE AND CHERRY TOMATO

In tomato and basil sauce

### MOUSSAKA

Eggplant slices, tomato and baked basil marinated tofu

### LENTIL AND CAULIFLOWER CURRY

Lentil stew with yellow curry and grilled cauliflower



#### POLENTA WITH ROASTED VEGETABLES

Creamy corn polenta with a mix of roasted vegetables and romesco sauce

#### RICE WITH SAFFRON AND GARLIC MUSHROOMS

Creamy rice with saffron and mushrooms in a butter sauce and guajillo chili

#### BUFFALO CAULIFLOWER WINGS

Crispy cauliflower “boneless” dipped in buffalo sauce with carrot and celery

#### TERIYAKI AND TOFU

Rice noodles with vegetables in teriyaki sauce, grilled tofu, soy sprouts and sesame seeds

#### FLAUTAS STUFFED WITH ZUCCINI IN PEANUT SAUCE

Fried tortilla tacos stuffed with zucchini Mexican style, in peanut sauce and a touch of ancho chili

#### VEGAN CEVICHE

Cauliflower and soy marinated in lemon juice with onion, tomato, coriander and chili with tortilla chips and avocado